



Inger

Age: 72 years

Place: Copenhagen

Job: School teacher and taught refugees Danish.

Arthritis: Not diagnosed, mild osteoarthritis in the fingers

Civil status: Separated. Lives alone.

Hobbies:

Other: Committee member in Lundevangen.

Visitation date: 31.10.08, kl. 12-16 p.m.

Interviewer: Kim & Sofie

“I always buy cleaning benzine at the grocer’s, because he opens it for me”

QUOTES

‘I always buy cleaning benzine at the grocer’s, because he opens it for me’

‘We just to drink juice in the morning - but I don’t anymore’

‘I don’t think about if the goods are easy to open when I shop’

‘I have such an Ajax at home - I get the grocer to open it for me’



Inger lives alone in her flat, but in 'Lundevangen' - which is a flatshare for elderly people. The flatshare consist among others of a small grocer, small kitchen gardens, a swimming bath and other activities for the people who live here. Inger is in addition to inhabitant in 'Lundevangsparken', an active committee member and therefore uses a part of her time on operating and developing the flatshare.



Inger is a retired school teacher, but she has also been active within teaching refugees and immigrants.

She has due to her age, a mild osteoarthritis in her finger joints, but it is not diagnosed by a doctor as requiring medical treatment.

Inger takes it as a part of getting older: 'but it is only osteoarthritis... all elderly people get osteoarthritis in the joints' '...I get more and more

osteoarthritis in my hands - I simply can't clench my hands. This means that something as simple as peeling potatoes gets difficult - or apples for apple pie .. which is so delicious!'

VISITING INGER

On the kitchen table lays goods from Superbest, the local grocer and a couple of beers from the grocer at 'Lundevangen'. A warm liver paste from the delicacy, a can with tuna in tomato, packages of sliced cold meat, a cucumber in plastic foil and a couple of tomatoes.

The grocer provides an extra service for the inhabitants - he opens the goods, which the inhabitants have difficulties opening themselves. It can be everything from screw caps on the milk to the foil around the cookies.

Inger dauntlessly start opening the different types of packaging.

Packages with sliced cold meat

Inger immediately sees where she must grab in order to tear the foil of the plastics tray: 'Apri - that must mean open, but shortly after follows a'....but there isn't anything to grab here!' She does, however, get at hold of the small triangle corner, and tears the foil of. Opening the egg salad is easier. It is a plastics foil, where the corner is so large, that she instantly grabs it and opens the salad without difficulties. Inger does, however, not notice the illustration on the foil, telling her how to open the salad. Afterwards she explains that it was the corner that showed her where to grab, so it was clear enough for her without the illustration.

Can with pull ring

Inger takes hold of the can and starts to wrench the ring free of the lid. All the while she explains that she normally cannot

open them. In those cases she would 'insert a knife' in order to for wrench it free from the lid. But the can of tuna in tomato is biddable - also when she starts to pull the lid of. At first she hesitates, but the lid quickly gives away, and Inger exclaims with a little surprised voice 'well, that was possible with this one'. But adds that sometimes they are so tight to get open.

Plastics bin for shrimps

Inger read on the outside of the bin with shrimps, and makes sure that there is no information on how to open the bin. Hereafter she tries to pull the lid of, but discovers that a small flap can be broken off with a downward movement. She places the bin on the table, and tries for a while before she gives up and makes use of a knife.

With the knife she wrenches the lid off, without the flap breaking, while she exclaims: 'that was difficult!'